

BOUNTIFUL BREAD

EST. 1997

breakfast SERVED UNTIL 2PM DAILY

CAPRESE OMELETTE 10

A three-egg omelette stuffed with baby spinach, tomatoes, fresh mozzarella, and topped with crispy prosciutto. Served with your choice of toast (two pieces).

SOUTH OF THE BORDER SANDWICH 10

A three-egg omelette stuffed with roasted sausage, tomatoes, red onions, and bell peppers between two pieces of grilled pepper jack bread with smashed avocado and cheddar.

VEG HEALTHY OMELETTE 9

Two egg whites and one whole egg omelette stuffed with mushrooms, tomatoes, red onions, bell peppers, and pepper jack. Served with your choice of toast (two pieces).

SALMON CROISSANT 13

Flaked salmon with shaved cucumbers and a lemon dill cream cheese on a freshly baked croissant.

BUILD YOUR OWN BREAKFAST SANDWICH 6.50

Two fried eggs, choice of bread, meat, and cheese.

VEG BREAKFAST BURRITO 11

Two fluffy scrambled eggs with corn, black beans, house-made pico de gallo, and cheddar wrapped in a grilled wheat tortilla and topped with chipotle crema.

SUNRISE SCRAMBLE 12

Three fluffy scrambled eggs with bell peppers, mushrooms, soy-glazed carrots topped with sesame-encrusted avocado, crispy prosciutto, and finished with a sriracha drizzle.

VEG STRAWBERRIES & CREAM FRENCH TOAST STICKS 8

Strawberry-infused cream cheese spread on egg-battered ciabatta sticks and finished with powdered sugar.

BREAKFAST BANH MI 12

Smashed avocado, jalapeños, crispy bacon, soy-glazed carrots, two sunny-side-up eggs on a crusty baguette, and finished with a sriracha drizzle.

BUILD YOUR OWN OMELETTE 8.50

A three-egg omelette stuffed with three toppings of your choice. Served with a side of toast (two pieces).

toasts

VEG CANTALOUPE TOAST 10

Multi-grain bread topped with a homemade honey butter spread, freshly shaved cantaloupe, creamy goat cheese, and crushed walnuts.

V EVERYTHING AVOCADO TOAST 10

Sourdough bread topped with smashed avocado, homemade everything bagel seasoning, and pickled onions.

VEG GRAPE TOAST 10

Crusty baguette topped with melted brie, sliced grapes, and finished with fresh thyme.

NEW ORLEANS TOAST 8

Grilled pepper jack bread topped with red bean hummus, crispy rice, shaved Cajun Steak, and an over-easy fried egg, with a baby spinach garnish.

homemade soups

CUP Served with a slice of bread, roll, or breadstick 4.75

BOWL Served with a slice of bread, roll, or breadstick 5.75

BREAD BOWL WITH SOUP 6.80

QUART Comes with a loaf of bread or 3 rolls 12.95+TAX

combos

SOUP & SANDWICH COMBO 11

1/2 of any menu sandwich with a cup of soup of your choice.

UPGRADE TO A BOWL OF SOUP +1

ADD BREAD +.80

SOUP & SALAD COMBO 12

A small side salad with spring mix, tomatoes, cucumbers, carrots, and Romano cheese.

Served with a cup of soup of your choice and a slice of bread, roll, or breadstick.

UPGRADE TO A BOWL OF SOUP +1

bowls

GF POWER BOWL 15

Spring mix and kale topped with corn, black beans, house-made pico de gallo, avocado, shaved Cajun steak, a fried egg, and finished with a chipotle crema drizzle.

V COCONUT CURRY LENTIL BOWL 14

A mix of barley, lentils, roasted broccoli, shaved carrots, roasted mushrooms, topped with chopped nuts, toasted coconut, and tossed with a coconut curry sauce.

SESAME SALMON BOWL 15

A mix of barley, edamame, soy-glazed carrots, pineapple, and purple cabbage, topped with black and white sesame seeds, a 6oz salmon filet, and served with toasted sesame dressing.

wraps

TUNA WRAP 12

Tuna salad, cheddar, and spring mix, rolled into a wheat wrap. Served with side of the day and a pickle.

CRANBERRY CHICKEN WRAP 13

Tarragon chicken salad, cran-grape mix, spring mix, and cheddar, rolled into a wheat wrap.

Served with side of the day and a pickle.

GF THAI LETTUCE WRAPS 12

Thai glazed chicken, red cabbage, and carrots in three lettuce wraps.

Served with a healthy side of the day.

ORDER ONLINE AND SAVE SOME TIME!

BOUNTIFULBREAD.COM

VEG VEGETARIAN **V** VEGAN **GF** GLUTEN FREE

Stuyvesant Plaza, 1475 Western Avenue, Albany, New York, 12203 / 518-438-3540 / www.BountifulBread.com

Monday - Friday: 7am-8pm • Saturday - Sunday: 7am-5pm

sandwiches (GRILLED OR NOT GRILLED) SERVED WITH A SIDE OF THE DAY

VERMONT TURKEY

Roasted turkey, sage stuffing, cranberry mayo, and cheddar on multi-grain bread.

CHICKEN PESTO

Roasted sliced chicken, roasted red peppers, red onions, provolone, and basil pesto on a ciabatta roll.

HAM AND BRIE

Smoked ham, pears, brie, and cranberry mayo on cinnamon raisin bread.

BLACK AND BLEU

Cajun-seared steak, peppadews, caramelized onions, bleu cheese crumbles, and pesto mayo on a ciabatta roll.

VEGAN BUFFALO WING SANDWICH

Buffalo hummus, shaved carrots and celery, romaine, and avocado ranch on a ciabatta roll.

13	RACHEL Roasted turkey, sauerkraut, Swiss, and Bountiful Russian on marble rye bread.	12
13	SOUTHWEST ROAST BEEF Sliced roast beef, tomatoes, red onions, pepper jack, and BBQ mayo on pepper jack bread.	12
12	VEG PANZANELLA Marinated tomatoes, fresh mozzarella, and basil pesto on a crusty baguette. ADD PROSCIUTTO +2 ADD 4oz SLICED CHICKEN BREAST +4	11
14	SPICY TUNA Tuna salad, lettuce, tomato, and cheddar on pepper jack bread.	12
12	CLASSIC CLUB Roasted turkey, tomato, bacon, lettuce, cheddar, and mayo, triple-stacked on Italian semolina bread.	14

salads SERVED WITH FRESH BREAD AND DRESSING ON THE SIDE.

ANTIPASTO

Romaine, artichoke hearts, cannellini beans, tomatoes, Kalamata olives, fresh mozzarella, roasted chicken, Romano cheese, and finished with a balsamic reduction drizzle. Served with Bountiful balsamic vinaigrette.

VEG CLASSIC GARDEN

Spring mix, carrots, tomatoes, red onions, cucumbers, feta, and garlic-herb croutons. Served with Bountiful rosemary maple vinaigrette.

AJW

Spring mix, roasted chicken, avocado, artichoke hearts, carrots, toasted nuts, dried fruits, and goat cheese. Served with Bountiful balsamic vinaigrette.

11	VEG CAESAR Romaine, Romano cheese, and garlic-herb croutons. Served with Caesar dressing. ADD CHICKEN +2 SALMON +6 STEAK +6	7
8	COBB Romaine, tomatoes, cucumbers, bacon, red onions, roasted chicken, egg, avocado, and bleu cheese crumbles. Served with Bountiful herb vinaigrette.	11
13	VEG ROASTED BEET & MUSHROOM Spring mix, roasted beets, roasted mushrooms, goat cheese, dried cranberries, and pumpkin seeds. Served with Bountiful balsamic vinaigrette.	10

build your own salad or sandwich

SALAD SMALL 3.50 | LARGE 4.50

CHOOSE YOUR BASE, TOPPINGS, AND A DRESSING!

SANDWICH 13

CHOOSE YOUR BREAD, MAIN*, CHEESE, UP TO 3 TOPPINGS, AND DRESSING

1: CHOOSE A BASE OR BREAD

Spring Mix | Romaine | Spinach | Kale

or

Baguette	Farm	Marble rye
Ciabatta roll	Garlic herb wrap	Pepper jack
Cinnamon raisin	Italian semolina	Wheat wrap
	Multi-grain	

2: CHOOSE TOPPINGS

TOPPINGS (+0.75)

Apples
Baby spinach
Black beans
Carrots
Chickpeas
Chopped pickles
Corn
Crispy rice
Cucumbers
Dried cranberries
Everything bagel seasoning
Green peppers
Lettuce

Peppadews
Pumpkin seeds
Red onions
Tomatoes
TOPPINGS (+1)
Almonds
Bacon
Bleu cheese
Caramelized onions
Cheddar
Dried fruit
Feta
Roasted beets
Goat cheese

Hard-boiled eggs
Pears
Pepper jack
Provolone
Roasted red peppers
Romano cheese
Swiss
Toasted nuts
Walnuts
TOPPINGS (+1.50)
Artichoke hearts
Avocado
Kalamata olives
Pickled onions

Pico de Gallo
Pineapple
Roasted broccoli
Roasted mushrooms
Shaved cantaloupe
Smashed avocado
TOPPINGS (+2)*
Brie
Buffalo hummus
Fresh mozzarella
Lentils
Red bean hummus
Roast beef
Roasted turkey

Roasted chicken
Sausage patty
Smoked ham
Soy glazed carrots
Tarragon chicken salad
Tuna salad
TOPPINGS (+6)*
Cajun Steak
Salmon

3: CHOOSE A DRESSING

BBQ mayo
VEG Bountiful balsamic vinaigrette
Bountiful Bleu cheese
VEG Bountiful herb vinaigrette
VEG Bountiful maple rosemary vinaigrette
Bountiful Russian
Caesar dressing

Chipotle Crema
VEG Coconut curry sauce
Cranberry mayo
Dill cream spread (cream cheese)
Honey butter
Horseradish mayo
Mayo
Pesto mayo

Ranch
Raspberry dressing**
Spicy mustard
Strawberry cream spread (cream cheese)
Toasted sesame vinaigrette**
VEG Vegan avocado ranch (+2)