

BOUNTIFUL BREAD

EST. 1997

breakfast SERVED UNTIL 11AM DAILY

CAPRESE OMELETTE 10

A three-egg omelette stuffed with baby spinach, tomatoes, fresh mozzarella, and topped with crispy prosciutto. Served with your choice of toast (two pieces).

SOUTH OF THE BORDER SANDWICH 10

A three-egg omelette stuffed with roasted sausage, tomatoes, red onions, and bell peppers between two pieces of grilled pepper jack bread with smashed avocado and cheddar.

VEG HEALTHY OMELETTE 9

Two egg whites and one whole egg omelette stuffed with mushrooms, tomatoes, red onions, bell peppers, and pepper jack. Served with your choice of toast (two pieces).

SALMON CROISSANT 13

Flaked salmon with shaved cucumbers and a lemon dill cream cheese on a freshly baked croissant.

BUILD YOUR OWN BREAKFAST SANDWICH 6.50

Two fried eggs, choice of bread, meat, and cheese.

VEG BREAKFAST BURRITO 11

Two fluffy scrambled eggs with corn, black beans, house-made pico de gallo, and cheddar wrapped in a grilled wheat tortilla and topped with chipotle crema.

SUNRISE SCRAMBLE 12

Three fluffy scrambled eggs with bell peppers, mushrooms, soy-glazed carrots topped with sesame-encrusted avocado, crispy prosciutto, and finished with a sriracha drizzle.

VEG STRAWBERRIES & CREAM FRENCH TOAST STICKS 8

Strawberry-infused cream cheese spread on egg-battered ciabatta sticks and finished with powdered sugar.

BREAKFAST BANH MI 12

Smashed avocado, jalapeños, crispy bacon, soy-glazed carrots, two sunny-side-up eggs on a crusty baguette, and finished with a sriracha drizzle.

BUILD YOUR OWN OMELETTE 8.50

A three-egg omelette stuffed with three toppings of your choice. Served with a side of toast (two pieces).

toasts

VEG CANTALOUPE TOAST 10

Multi-grain bread topped with a homemade honey butter spread, freshly shaved cantaloupe, creamy goat cheese, and crushed walnuts.

V EVERYTHING AVOCADO TOAST 10

Sourdough bread topped with smashed avocado, homemade everything bagel seasoning, and pickled onions.

VEG GRAPE TOAST 10

Crusty baguette topped with melted brie, sliced grapes, and finished with fresh thyme.

NEW ORLEANS TOAST 12

Grilled pepper jack bread topped with red bean hummus, crispy rice, shaved Cajun Steak, and an over-easy fried egg, with a baby spinach garnish.

homemade soups

CUP Served with a slice of bread, roll, or breadstick 4.75

BOWL Served with a slice of bread, roll, or breadstick 5.75

BREAD BOWL WITH SOUP 6.80

QUART Comes with a loaf of bread or 3 rolls 12.95+TAX

combos

SOUP & SANDWICH COMBO 11

1/2 of any menu sandwich with a cup of soup of your choice.

UPGRADE TO A BOWL OF SOUP +1

ADD BREAD +.80

SOUP & SALAD COMBO 12

A small side salad with spring mix, tomatoes, cucumbers, carrots, and Romano cheese.

Served with a cup of soup of your choice and a slice of bread, roll, or breadstick.

UPGRADE TO A BOWL OF SOUP +1

bowls

GF POWER BOWL 15

Spring mix and kale topped with corn, black beans, house-made pico de gallo, avocado, shaved Cajun steak, a fried egg, and finished with a chipotle crema drizzle.

V COCONUT CURRY LENTIL BOWL 14

A mix of barley, lentils, roasted broccoli, shaved carrots, roasted mushrooms, topped with chopped nuts, toasted coconut, and tossed with a coconut curry sauce.

SESAME SALMON BOWL 15

A mix of barley, edamame, soy-glazed carrots, pineapple, and purple cabbage, topped with black and white sesame seeds, a 6oz salmon filet, and served with toasted sesame dressing.

wraps

TUNA WRAP 12

Tuna salad, cheddar, and spring mix, rolled into a wheat wrap. Served with side of the day and a pickle.

CRANBERRY CHICKEN WRAP 13

Tarragon chicken salad, cran-grape mix, spring mix, and cheddar, rolled into a wheat wrap. Served with side of the day and a pickle.

GF THAI LETTUCE WRAPS 12

Thai glazed chicken, red cabbage, and carrots in three lettuce wraps. Served with a healthy side of the day.

ORDER ONLINE AND SAVE SOME TIME!

BOUNTIFULBREAD.COM

VEG VEGETARIAN **V** VEGAN **GF** GLUTEN FREE

Stuyvesant Plaza, 1475 Western Avenue, Albany, New York, 12203 / 518-438-3540 / www.BountifulBread.com

Monday - Friday: 7am-8pm • Saturday - Sunday: 7am-5pm

sandwiches (GRILLED OR NOT GRILLED) SERVED WITH A SIDE OF THE DAY

VERMONT TURKEY

Roasted turkey, sage stuffing, cranberry mayo, and cheddar on multi-grain bread.

CHICKEN PESTO

Roasted sliced chicken, roasted red peppers, red onions, provolone, and basil pesto on a ciabatta roll.

HAM AND BRIE

Smoked ham, pears, brie, and cranberry mayo on cinnamon raisin bread.

BLACK AND BLEU

Cajun-seared steak, peppadews, caramelized onions, bleu cheese crumbles, and pesto mayo on a ciabatta roll.

BUFFALO HUMMUS CIABATTA

Buffalo hummus, shaved carrots and celery, romaine, and smashed avocado on a ciabatta roll.

13	RACHEL	12
	Roasted turkey, sauerkraut, Swiss, and Bountiful Russian on marble rye bread.	
13	SOUTHWEST ROAST BEEF	12
	Sliced roast beef, tomatoes, red onions, pepper jack, and BBQ mayo on pepper jack bread.	
12	 PANZANELLA	11
	Marinated tomatoes, fresh mozzarella, and basil pesto on a crusty baguette.	
	ADD PROSCIUTTO +2	
	ADD 4oz SLICED CHICKEN BREAST +4	
14	SPICY TUNA	12
	Tuna salad, lettuce, tomato, and cheddar on pepper jack bread.	
12	CLASSIC CLUB	14
	Roasted turkey, tomato, bacon, lettuce, cheddar, and mayo, triple-stacked on Italian semolina bread.	

salads SERVED WITH FRESH BREAD AND DRESSING ON THE SIDE.

ANTIPASTO


Romaine, artichoke hearts, cannellini beans, tomatoes, Kalamata olives, fresh mozzarella, roasted chicken, Romano cheese, and finished with a balsamic reduction drizzle. Served with Bountiful balsamic vinaigrette.

CLASSIC GARDEN

Spring mix, carrots, tomatoes, red onions, cucumbers, feta, and garlic-herb croutons. Served with Bountiful rosemary maple vinaigrette.

AJW

Spring mix, roasted chicken, avocado, artichoke hearts, carrots, toasted nuts, dried fruits, and goat cheese. Served with Bountiful balsamic vinaigrette.

11	 CAESAR	7
	Romaine, Romano cheese, and garlic-herb croutons. Served with Caesar dressing.	
	ADD CHICKEN +2 SALMON +6 STEAK +6	
8	COBB	11
	Romaine, tomatoes, cucumbers, bacon, red onions, roasted chicken, egg, avocado, and bleu cheese crumbles. Served with Bountiful herb vinaigrette.	
13	 ROASTED BEET & MUSHROOM	10
	Spring mix, roasted beets, roasted mushrooms, goat cheese, dried cranberries, and pumpkin seeds. Served with Bountiful balsamic vinaigrette.	

build your own salad or sandwich

SALAD SMALL 3.50 | LARGE 4.50

SANDWICH 13

CHOOSE YOUR BASE, TOPPINGS, AND A DRESSING!

CHOOSE YOUR BREAD, MAIN*, CHEESE, UP TO 3 TOPPINGS, AND DRESSING

1: CHOOSE A BASE OR BREAD

Spring Mix | Romaine | Spinach | Kale

or

Baguette	Farm	Marble rye
Ciabatta roll	Italian semolina	Pepper jack
Cinnamon raisin	Multi-grain	Wheat wrap

2: CHOOSE TOPPINGS

TOPPINGS (+0.75)

Apples
Baby spinach
Black beans
Carrots
Chickpeas
Chopped pickles
Corn
Crispy rice
Cucumbers
Dried cranberries
Everything bagel seasoning
Green peppers
Lettuce

Peppadews

Pumpkin seeds

Red onions

Tomatoes

TOPPINGS (+1)

Almonds

Bacon

Bleu cheese

Caramelized onions

Cheddar

Dried fruit

Feta

Roasted beets

Goat cheese

Hard-boiled eggs

Pears

Pepper jack

Provolone

Roasted red peppers

Romano cheese

Soy glazed carrots

Swiss

Toasted nuts

Walnuts

TOPPINGS (+1.50)

Artichoke hearts

Avocado

Kalamata olives

Pickled onions

Pico de Gallo

Pineapple

Roasted broccoli

Roasted mushrooms

Shaved cantaloupe

TOPPINGS (+2)*

Brie

Buffalo hummus

Fresh mozzarella

Lentils

Red bean hummus

Roast beef

Roasted chicken

Sausage patty

Smashed avocado

Smoked ham

Tarragon chicken salad

Tuna salad

TOPPINGS (+6)*

Cajun Steak


Salmon


3: CHOOSE A DRESSING

BBQ mayo

 Bountiful balsamic vinaigrette

Bountiful Bleu cheese


 Bountiful herb vinaigrette

 Bountiful maple rosemary vinaigrette

Bountiful Russian

Caesar dressing

Chipotle Crema

 Coconut curry sauce

Cranberry mayo

Dill cream spread (cream cheese)

Honey butter

Horseradish mayo

Mayo

Pesto mayo

Ranch

Raspberry dressing**

Spicy mustard

Strawberry cream spread (cream cheese)

Toasted sesame vinaigrette**