

BOUNTIFUL BREAD

EST. 1997

NOW IN TWO LOCATIONS:

108 State Street, Schenectady, NY 12305
518-387-9997

Stuyvesant Plaza, 1475 Western Avenue, Albany, NY 12203
518-438-3540

Monday - Friday: 7 AM - 8 PM | Saturday - Sunday: 7 AM - 5 PM

breakfast SERVED UNTIL 11 AM DAILY

CAPRESE OMELETTE

A three-egg omelette stuffed with baby spinach, tomatoes, fresh mozzarella, and topped with crispy prosciutto. Served with your choice of toast (two pieces).

SOUTH OF THE BORDER SANDWICH

A three-egg omelette stuffed with roasted sausage, tomatoes, red onions, and bell peppers between two pieces of grilled pepper jack bread with smashed avocado and cheddar.

HEALTHY OMELETTE

Two egg whites and one whole egg omelette stuffed with mushrooms, tomatoes, red onions, bell peppers, and pepper jack. Served with your choice of toast (two pieces).

BREAKFAST BURRITO

Two fluffy scrambled eggs with corn, black beans, house-made pico de gallo, and cheddar wrapped in a grilled wheat tortilla and topped with chipotle crema.

bowls

POWER BOWL

Spring mix and kale topped with corn, black beans, house-made pico de gallo, avocado, shaved Cajun steak, a fried egg, and finished with a chipotle crema drizzle.

COCONUT CURRY LENTIL BOWL

A mix of barley, lentils, roasted broccoli, shaved carrots, roasted mushrooms, topped with chopped nuts, toasted coconut, and tossed with a coconut curry sauce.

SESAME SALMON BOWL

A mix of barley, edamame, soy-glazed carrots, pineapple, and purple cabbage, topped with black and white sesame seeds, a 6 oz. salmon fillet, and served with toasted sesame dressing.

homemade soups



CUP Served with a slice of bread, roll, or breadstick	5.25
BOWL Served with a slice of bread, roll, or breadstick	6.25
BREAD BOWL WITH SOUP	7.25
QUART Comes with a loaf of bread or 3 rolls	13.95+TAX

combos

SOUP & SANDWICH COMBO 1/2 of any menu sandwich with a cup of soup of your choice. UPGRADE TO A BOWL OF SOUP FOR ONLY \$1 MORE. ADD BREAD FOR \$.80.	12
SOUP & SALAD COMBO A small side salad with spring mix, tomatoes, cucumbers, carrots, and Romano cheese with a cup of soup of your choice. UPGRADE TO A BOWL OF SOUP FOR ONLY \$1 MORE. SERVED WITH FRESH BREAD.	12

11 SUNRISE SCRAMBLE Three fluffy scrambled eggs with bell peppers, mushrooms, soy-glazed carrots topped with sesame-encrusted avocado, crispy prosciutto, and finished with a sriracha drizzle.	12
11 BREAKFAST BANH MI Smashed avocado, jalapeños, crispy bacon, soy-glazed carrots, two sunny-side-up eggs on a crusty baguette, and finished with a sriracha drizzle.	12
11 BUILD YOUR OWN BREAKFAST SANDWICH Two fried eggs, choice of bread, meat, and cheese.	7
11 BUILD YOUR OWN OMELETTE A three-egg omelette stuffed with three toppings of your choice. Served with a side of toast (two pieces).	9.50

toasts

15  EVERYTHING AVOCADO TOAST Sourdough bread topped with smashed avocado, homemade everything bagel seasoning, and pickled onions.	10
14  GRAPE TOAST Homemade baguette topped with melted brie, sliced grapes, and finished with fresh thyme.	10
15 NEW ORLEANS TOAST Grilled pepper jack bread topped with red bean hummus, crispy rice, shaved Cajun Steak, and an over-easy fried egg, with a baby spinach garnish.	12

wraps

TUNA WRAP Tuna salad, cheddar, and spring mix, rolled into a wheat wrap. Served with side of the day and a pickle.	13
CRANBERRY CHICKEN WRAP Tarragon chicken salad, cran-grape mix, spring mix, and cheddar, rolled into a wheat wrap. Served with side of the day and a pickle.	13
 THAI LETTUCE WRAPS Thai glazed chicken, red cabbage, and carrots in three lettuce wraps. Served with a healthy side of the day.	13

ORDER ONLINE AND SAVE SOME TIME!

BOUNTIFULBREAD.COM

 VEGETARIAN  VEGAN  GLUTEN FREE

Prices and product availability subject to change without notice.

sandwiches (GRILLED OR NOT GRILLED) SERVED WITH A SIDE OF THE DAY

VERMONT TURKEY

Roasted turkey, sage stuffing, cranberry mayo, and cheddar on multi-grain bread.

CLASSIC CLUB

Roasted turkey, tomato, bacon, lettuce, cheddar, and mayo, triple-stacked on Italian semolina bread.

RACHEL

Roasted turkey, sauerkraut, Swiss, and Bountiful Russian on marble rye bread.

CHICKEN PESTO

Roasted sliced chicken, roasted red peppers, red onions, provolone, and basil pesto on a Ciabatta roll.

HAM AND BRIE

Smoked ham, pears, brie, and cranberry mayo on cinnamon raisin bread.

13	BLACK AND BLEU	14
	Cajun-seared steak, peppadews, caramelized onions, bleu cheese crumbles, and pesto mayo on a Ciabatta roll.	
15	SOUTHWEST ROAST BEEF	13
	Sliced roast beef, tomatoes, red onions, pepper jack, and BBQ mayo on pepper jack bread.	
13	SPICY TUNA	12
	Tuna salad, lettuce, tomato, and cheddar on pepper jack bread.	
13	VEGAN BUFFALO HUMMUS SANDWICH	12
	Buffalo hummus, shaved carrots and celery, romaine, and smashed avocado on house-made ciabatta.	
13	PANZANELLA	12
	Marinated tomatoes, fresh mozzarella, and basil pesto on a crusty baguette. + PROSCIUTTO 2 + 4 oz. SLICED CHICKEN BREAST 4	

salads SERVED WITH FRESH BREAD AND DRESSING ON THE SIDE

ANTIPASTO

Romaine, artichoke hearts, cannellini beans, tomatoes, Kalamata olives, fresh mozzarella, roasted chicken, Romano cheese, and finished with a balsamic reduction drizzle. Served with Bountiful balsamic vinaigrette.

VEG CLASSIC GARDEN

Spring mix, carrots, tomatoes, red onions, cucumbers, feta, and garlic-herb croutons. Served with Bountiful rosemary maple vinaigrette.

AJW

Spring mix, roasted chicken, avocado, artichoke hearts, carrots, toasted nuts, dried fruits, and goat cheese. Served with Bountiful balsamic vinaigrette.

13	VEG CAESAR	8
	Romaine, Romano cheese, and garlic-herb croutons. Served with Caesar dressing. + CHICKEN 2 SALMON 6 STEAK 6	
9	COBB	13
	Romaine, tomatoes, cucumbers, bacon, red onions, roasted chicken, egg, avocado, and bleu cheese crumbles. Served with Bountiful herb vinaigrette.	
13	VEG ROASTED BEET & MUSHROOM	11
	Spring mix, roasted beets, roasted mushrooms, goat cheese, dried cranberries, and pumpkin seeds. Served with Bountiful balsamic vinaigrette.	

build your own salad or sandwich

SALAD SMALL 3.50 | LARGE 4.50

CHOOSE YOUR BASE, TOPPINGS, AND A DRESSING

SANDWICH 13

CHOOSE YOUR BREAD, MAIN, CHEESE, UP TO 3 TOPPINGS, AND DRESSING

1: CHOOSE A BASE OR BREAD

BASE Spring Mix | Romaine | Spinach | Kale

OR

BREAD

Baguette	Garlic Herb Wrap	Pepper Jack
Ciabatta Roll	Italian Semolina	Wheat Wrap
Cinnamon Raisin	Multi-grain	
Farm	Marble Rye	

2: CHOOSE TOPPINGS

TOPPINGS (+0.75)

- Apples
- Baby Spinach
- Black Beans
- Carrots
- Chickpeas
- Chopped Pickles
- Corn
- Crispy Rice
- Cucumbers
- Dried Cranberries
- Everything Bagel Seasoning
- Green Peppers

Lettuce

- Peppadews
- Pumpkin Seeds
- Red Onions
- Tomatoes
- TOPPINGS (+1)**
- Almonds
- Bacon
- Bleu Cheese
- Caramelized Onions
- Cheddar
- Dried Fruit
- Feta

- Roasted Beets
- Goat Cheese
- Hard-boiled Eggs
- Pears
- Pepper Jack
- Provolone
- Roasted Red Peppers
- Romano Cheese
- Swiss
- Toasted Nuts
- Walnuts
- TOPPINGS (+1.50)**
- Artichoke Hearts

- Avocado
- Kalamata Olives
- Pickled Onions
- Pico de Gallo
- Pineapple
- Roasted Broccoli
- Roasted Mushrooms
- Shaved Cantaloupe
- Smashed Avocado
- TOPPINGS (+2)**
- Brie
- Buffalo Hummus
- Fresh Mozzarella

- Lentils
- Red Bean Hummus
- Soy Glazed Carrots
- TOPPINGS (+2.50)**
- Roast Beef
- Roasted Turkey
- Roasted Chicken
- Smoked Ham
- Tarragon Chicken Salad
- Tuna Salad
- TOPPINGS (+6)**
- Cajun Steak
- Salmon

3: CHOOSE A DRESSING

- BBQ mayo
- Bountiful Balsamic Vinaigrette
- Bountiful Bleu Cheese
- Bountiful Herb Vinaigrette
- Bountiful Maple Rosemary Vinaigrette
- Bountiful Russian
- Caesar Dressing

- Chipotle Crema
- GF** Coconut Curry Sauce
- Cranberry Mayo
- Dill Cream Spread (cream cheese)
- Horseradish Mayo
- Mayo
- Pesto Mayo

- Ranch
- Raspberry Dressing*
- Spicy Mustard
- Strawberry Cream Spread (cream cheese)
- Toasted Sesame Vinaigrette*

* FAT FREE **VEG** VEGETARIAN **V** VEGAN **GF** GLUTEN FREE

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